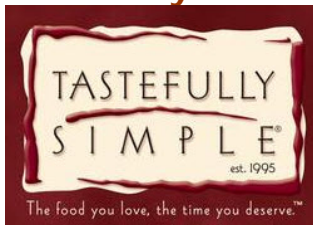


## Tamara's "Tasty Talk"

~ Helping busy women save time and money ~

### February 2009



From YOUR Tastefully Simple Consultant, Tamara Oyejide  
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*February is the month of love.*



**I have love for you – my customers!**

**Thank you to everyone who attended a taste-testing party, placed an order or hosted a party in 2008! I appreciate your business and support, and I look forward to the opportunity to work with you, my valued client, again in 2009 and beyond!**

**THANK YOU!**

*And speaking of love...you'll love the specials Tastefully Simple has cooked up for you this month!*

**Remember, you can always enjoy Tastefully Simple in one of three ways!**

**Spend:** As a customer - receive delicious products for a great value!

**Save:** As a hostess – earn FREE gourmet food products!

**Earn:** As a consultant – earn unlimited income potential!

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*"Ask not what you can do for your country. Ask what's for lunch."*

*~ Orson Welles*

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## Recipe Of The Month

### Chicken Scaloppini with Garlic Sauce

Featuring: "Viva Garlic! Alfredo Sauce Mix"

♥ Staying in this Valentine's Day? ♥  
Try this delightful dish out on the one you love.

**Chicken Scaloppini with Garlic Sauce, Rosemary, HO Resident Chef**

- 6 boneless, skinless chicken breasts
- 1 Tbsp. butter
- 1 pkt. **Viva Garlic! Alfredo Sauce Mix**
- 1 cup water
- 1 tsp. finely minced lemon zest
- 1 ½ Tbsp. fresh lemon juice
- 3 Tbsp. capers, drained



- Pound chicken breasts with a meat mallet until about ½ -inch thick.
  - Sauté chicken in butter in a large skillet until browned on both sides and cooked through, about 10 minutes.
  - While chicken cooks, combine sauce mix, water, lemon zest and lemon juice in a small saucepan.
  - Stir over medium-high heat until thickened and just starting to simmer.
  - Place chicken breasts on plates; pour sauce over chicken.
  - Garnish with capers.
- Makes 6 servings.*

Other suggestions for **Viva Garlic! Alfredo Sauce Mix**

- Top with additional shredded Parmesan cheese, fresh basil leaves, crumbled bacon or chopped fresh parsley.
- Stir in 1 cup cooked vegetables for pasta primavera.
- Spoon over grilled chicken or fish.
- Toss with pasta; top with sautéed mushrooms and diced red bell peppers.
- Add sautéed shrimp or chicken.
- Make a white pizza with sauce, artichoke hearts, fresh spinach and diced onion on a prepared pizza crust; sprinkle with feta cheese and crumbled bacon.

## Tastefully Simple Favorites Collection

*Limited Time Only!*

**Remember these favorites?**

They're baaaack by popular demand...for a limited time!

**The Returning Favorites... FIVE of our Top Requested Products**

- **Razzy Lime Salsa:** Item 305418...\$8.49
- **Cranberry Orange Bread Mix:** Item 350418...\$6.99
- **Apricot Dipping Sauce:** Item 399418...\$8.99
- **Lemony Pepper:** Item 303418...\$9.99
- **Wild White Chili Mix:** Item 391418...\$8.99
- **\*Mini Vidalia Onion Dressing:** Item 129418...\$4.99  
(\*Gift w/ purchase of Returning Favorites Collection)



**ONLY \$43.45**

*\* Products may also be purchased individually*

Contact me today if you'd like to place your order!  
919.633.1779, [tastefullytam@yahoo.com](mailto:tastefullytam@yahoo.com) or  
[www.tastefullysimple.com/web/toyejide](http://www.tastefullysimple.com/web/toyejide)

## Time-Saving Tip

This newsletter is designed for busy women who like to save time and money, so each month, I will feature ways for you to do just that.

For this month's time-saving tip, I found a great article titled, "**15 Time-Saving Kitchen Tips for Busy Moms.**" Check out the article here:  
<http://tinyurl.com/bprwra>

My favorite tip from the list involved keeping a pen and calendar in the kitchen at all times. This allows you to make grocery lists, post family reminders, log dinner menus, and track birthdays.

Personally, I have to write things down as soon as I think about them, or I'll likely forget! :-)

Do you have a time-saving tip? Submit it, and it could be featured in our next newsletter!



## For The Love Of Chocolate!

Looking for a sweet way to show how much you care? Send your loved ones our NEW "For the Love of Chocolate" collection - available for a limited time for only \$39.99 (over \$12 savings)! Makes the perfect gift for Valentine's Day or anytime you'd like to surprise your sweetheart.

- Chocolatini Drink Mix
- Truffle Fudge Brownie Mix
- And Serving Tray (\$34.95 retail value!)



## V.I.P., Baby!

YOU are V.I.P., Baby!  
And now, you'll have a card to show it!

I may not be the only Tastefully Simple consultant you know, but I truly appreciate the fact that you have chosen to order these delicious products through me! To show my appreciation, I am proud to present to you, your very own V.I.P. card for Tastefully Simple orders placed through me!

You will receive one punch for every \$25 order (before taxes and shipping). For every 5 punches, you can receive 10% off of your order. Once your card is completely filled out, you can receive \$25 worth of FREE products!

But wait, there's more! Each month, I will offer ways for you to earn bonus punches!

### February Bonus Punches!

- ❖ Contact me by February 13<sup>th</sup>, and request to have your V.I.P. card mailed to you!
- ❖ Book a catalog party for the month of February!
- ❖ Attend my open house on Friday, Feb. 27<sup>th</sup>!
- ❖ Place your order of \$25 or more by Friday, Feb. 6<sup>th</sup>! (2 punches)
- ❖ Book a taste-testing party for the month of February! (2 punches)

**My current available February party dates: 10, 12, 13, 16, 17, 26**

I'm SO excited about my new V.I.P. program, and I hope you are, too! Contact me TODAY, to receive your new card, and start earning FREE products!!

### Important Rules:

- \* I will only mail V.I.P. cards upon request.
- \* You can only earn these punches with orders placed through me.
- \*\* *This is not a company-sponsored initiative, and is not valid with other consultants.*

*This is Tamara Oyejide's V.I.P. program. As a business-owner, this is one of the ways I wish to reward my special customers!!\*\**



## Money-Saving Tip

I'm a couponer. I love saving money by clipping coupons. It's free money!

My money-saving tip is especially for those who live close to a Harris Teeter grocery store. Harris Teeter is having another 'triples' couponing event February 5th-8th. During 'triples' events, Harris Teeter will triple up to 20 coupons with a face-value of 99 cents or less!

That means you can save up to \$2.97 on a single item. I've often gotten items for free during 'triples.' :-)

Check out <http://www.HarrisTeeter.com/> to find the store nearest you.

Do you have a money-saving tip? Submit it, and it could be featured in our next newsletter!



## February New Consultant Incentive!

Become a Tastefully Simple Consultant now through Friday, February 27<sup>th</sup> and you will receive

→ **Absolutely Almond Hand Soap, Hand Lotion, and Caddy**

→ **Tastefully Simple logo VISA Debit card valued at \$114\***

*\*When you activate with \$400 in sales by March 13, 2009.*

**WHAT WOULD YOU DO WITH AN EXTRA \$500+ A MONTH???**

Now it's even easier to become a new consultant! New consultants can receive their Business Blast Off Kit for only \$170. Plus, new consultants can choose to make **3 monthly payments of \$56.66 each!**

Contact me today for more information at 919.633.1779, [tastefullytam@yahoo.com](mailto:tastefullytam@yahoo.com) or [www.tastefullysimple.com/web/toyejide](http://www.tastefullysimple.com/web/toyejide).

**Do you want to learn more about becoming a Tastefully Simple consultant? Please visit:** <http://media.tastefullysimple.com/TSWeb/Video/WDYW/flvplayer.html>

## February Host Incentives



- **With sales of \$500 or more**, receive our exclusive **Absolutely Almond Hand Soap, Hand Lotion, and Caddy!**
- **Reach \$900 or more** and ALSO receive **our Absolutely Almond Bread Baker, Absolutely Almond Pound Cake Mix, and Heavenly Hot Fudge Sauce!**
- All the above is in addition to the normal host rewards...free product and stoneware pieces or ½ off items!

Call me today to get on my calendar. Fill your kitchen with family and friends and I will fill it with FREE groceries! **My current available February party dates: 10, 12, 13, 16, 17, 26**

Contact me for available **March** dates to be the **FIRST** to taste-test our **NEW SPRING and SUMMER** line ... launching **March 9, 2009!**



Host a **catalog party** and receive the exact same host credit as if you hosted a home tasting party! Contact me today and I will send you a host packet with all you will need to conduct a catalog party. It's FUN and easy and who doesn't like FREE GROCERIES!! Simply share catalogs with your family, friends and co-workers, collect orders and forward to me. No need to coordinate our calendars – start when you want, finish when you

want! **With at least \$100 of orders, you will earn host credit!** Contact me today to begin your catalog party and start earning FREE REWARDS!

### "Farewell To Fall" Open House

Our fabulous fall/winter line will come to an end on March 8<sup>th</sup>, and will be replaced with our scrumptious spring/summer line. Please join me on **Friday, February 27<sup>th</sup>, from 7-9pm at my home**, as we say

"Farewell to Fall." This will be your last chance to order your fall favorites for a while. I will have many items that you can take home that same day, and if I don't have it in stock, we'll place your order that day! And, as usual, I will have yummy samples for you to enjoy!

RSVP today, if you'd like to attend!  
919.633.1779,  
tastefullytam@yahoo.com or  
[www.tastefullysimple.com/web/toyejide](http://www.tastefullysimple.com/web/toyejide)



### Fun Stuff!

Who says we have to celebrate love just on Valentine's Day? Let's celebrate the entire month of romance, with some romantic movies.

My all-time favorite is not Casablanca, Gone With The Wind, or any other 'traditional' romantic movie. "Grease" is the word! Before Harry met Sally...Danny met Sandy! As kids, my friends and I memorized most of the lines, used to perform all of the songs, and of course, knew all of the dance moves. I didn't want to be Sandy – I had to be the bad girl, Rizzo! :-) What's your all-time favorite romantic movie?



### Customer Service

**Thank you for your support! YOU make it possible for me to do what I love!**

**Tell A Friend...**Do you know a busy woman who loves to save time and money? Invite them to subscribe by forwarding this newsletter, or by having them e-mail me personally at [tastefullytam@yahoo.com](mailto:tastefullytam@yahoo.com).

**Tamara Oyejide, Tastefully Simple Consultant**  
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**Please visit my blog:**  
<http://tastefullytam.wordpress.com>

**View products, recipes & order online at:**  
[www.tastefullysimple.com/web/toyejide](http://www.tastefullysimple.com/web/toyejide) ID #0079206

**Start Your Business Today! Ask me how, or view the link below for more information:**  
<http://media.tastefullysimple.com/TSWeb/Video/WDYW/flvplayer.html>

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